

What is Truth and how can we approach the Truth?

I admit that this is a very difficult subject, very, very difficult. I will try to tell you as well as I can in simple words what I personally believe about this subject. What I will say is not from studies, it is not from different books or systems of the east and west only. Of course, I have studied a lot. Books can be useful as guides, yes, nothing else. What I will talk about is my own personal experience.

What is truth? It is certainly not a question of my giving you a religious lecture, although I hold a doctorate in theology. Yet when we come to truth and religion, we will mention the aspect of religion.

Although our orthodox science is still in its infancy, I acknowledge that our scientists have made great and praiseworthy endeavours. All they have discovered is very praiseworthy, yet they have not reached any conclusion, because all their efforts until now are made around solid matter, time and space, and nothing else.

Now, a few scientists begin to move on beyond matter and they speak about a certain antimatter. The mystics and the researchers of the truth have known this and they gave it other names. For them it is a reality and they work with it. Each one of them will be able to exercise and use it practically.

Now we come to the religions, all the religions of the world, throughout the centuries. There was in the beginning a gentle, a good, a big effort. Later many who had a certain power and who were prepared to exercise their power with force entered the Church hierarchy. They tried to impose themselves in order to limit the gentle and the good effort, and above all to restrict any research. And we see the result in all the religions, East and West.

Christianity. Yes, the substance of Christianity as religion and our own Orthodox dogma have much depth, much truth, but who penetrates the depths? Almost none.

Ancient Greek philosophy, Egyptian philosophy, Indian philosophy and others, they have all very great depth. They all are ways to the truth. In the Christian religion and in other systems and religions we find the use of myth-making. The people tried to conceal the truth in order to avoid its exploitation by the profane. Today all is changed. The truth is, and it must be, the property of all. Today human beings can face their responsibilities. Moreover science advances. We have atomic scientists who can destroy cities in one moment. The danger exists.

So, the researcher of the truth of today, unlike the Mystic of the past, does no longer have to conceal great truths by myths, out of fear that someone who would penetrate into the substance of reality could acquire powers that he might exploit and make bad use of against his fellowmen. And I wonder, are there not a thousand other ways or means to defraud your fellowmen? Weapons?

The Truth. What is the Truth? Did somebody until now tell us something about the Truth? The much beloved Joshua said: "I am the Way, the Truth, and the Life." These are three synonyms, and he said "I". And the Apostle and Evangelist John (Yiohannan) said about the Christ Logos that he is "the light that gives light to all men coming into the world." Consequently, this light, which is the self-awareness in each human being, is the Way, the Truth, and the Life.

However, how shall we find it? How shall we get started? And which truth shall we find? What is truth?

It is not possible to reveal the truth within the world of three dimensions, within the earthly world, within the world in which we are now living. We can comprehend the relative truth, yes, but not the Truth. Can we find the Truth in the worlds of the four and the five dimensions, the worlds which orthodox science begins to recognize and where they study antimatter?

There, in the worlds of the four and five dimensions, the researcher of the truth can again find the relative truth, more brilliant, but again the relative truth.

Where is the truth? What is the truth? And later the question: How can man approach the truth? And how will the truth be useful for man?

Here again the much beloved Joshua the Christ spoke to us clearly: "And you shall know the Truth, and the Truth shall make you free."

From what shall the truth make us free? From what will it make us free? Are we slaves and the truth is the only means which will make us free? Yes, only the knowledge of the truth will make us free from our illusions, from our misfortune, from the dark chaos in which we move, from hatred, from ignorance.

Now, let us see of what kind of truth we can speak within the gross material world, this world in which we now live. If I say to ten people who have admired a marvellous sunset with beautiful colours or a beautiful sunrise with wonderful colours: “Is it the truth that you saw this sunrise or this sunset?”, I am sure that all of them will tell me, “Certainly we have seen it!” And if we have also a colour camera, and we will take photographs, we will take colour photos, and all will be sure that a wonderful sunset in beautiful colours exists, just as a marvellous sunrise in beautiful colours. However, from our research we know that what we see is something discernible but not something real. Because if we are in another location, directly under that part of the horizon we looked at, and we now look up, we will see the same clouds that were multicoloured and beautiful, yet now, from this side we see the clouds snow-white. But they are the same clouds that we saw before on the horizon.

Did we **THINK** that we saw that beautiful sunset or that beautiful sunrise. No, we saw it. Was it there? I ask you, was it there? Anything discernible in our gross material world is a phenomenon and the effect of a reality.

The researcher of the truth does not limit himself to phenomena, because all the phenomena are hidden in relative truth, they are not the truth. The truth is behind the phenomena in the Causes – Laws, which we have to penetrate in order to see what this truth is. You travel by car. You think that where you sit you do not move at all. You have the impression that everything comes to you, trees, hills, all you see is coming towards you. Tell me, who of you has ever travelled in a vehicle and when you moved, all those things outside appeared to stay in their place? You get the impression that you do not move, but everything outside is coming towards you. This is not the truth, it is not the reality. Somebody outside of the vehicle, in which you are, will see very clearly that the vehicle moves and that all those things remain stationary in their place.

What is the truth now? I can tell you a thousand such phenomena that give you the perceptible impression that they are the truth. They are true as phenomena of a reality, which we can only understand when we penetrate deep into their Causes, deep inside.

Therefore in reality we cannot see the truth within the gross material world, the world of the three dimensions, nor in the so-called psychical worlds, those worlds where human beings will find themselves when they abandon their material bodies. Because those worlds are also worlds of time and **PLACE** impressions, though of a different meaning, more time and **SPACE**, now. Nor can we see the truth in the noetical worlds, because they are again worlds of forms and impressions.

So, as long as we are within these worlds that give us impressions we will know phenomena, the relative truth, that is to say, we see the discernible behind which there is the reality. The researcher of the truth penetrates the reality behind the phenomena and can then acquire the powers of which I spoke.

We say that this object is solid. If I give you an object that we call solid, you will, no doubt, find that it is solid, because you can take it in your hands and you feel that it is solid. Yet, orthodox science says that nothing solid exists.

Why do you think that it is solid? Because the **HANDS**, with which you are holding the object, vibrate as material, as matter, in about the same way (about the same frequency) as the molecules of the object vibrate, which we call solid. The mystics and the researchers of the truth can project a so-called etheric hand. Psychotherapists can also do this. They project an etheric hand and put it into the body of a patient, by exercising their willpower, and they can do things, which you would call wonders. In reality, these achievements are not wonders. In reality, they are not more important than what the gross material hand can do. You have to know how to do it.

Therefore this material body of a man is not solid, since its hand, its etheric hand, can freely enter inside the body, which we call solid, in the same way that we enter a mass of steam. Consequently, what does solid mean? In this case, the researcher of the truth is in alliance with orthodox science today. I have said before that man cannot grasp the Truth, nor get to know it, in the usual way by getting impressions from the gross material, three dimensional world. In which way does he receive these impressions? Of course, through the five senses, seeing, hearing, tasting, touching, smelling. He has five senses, endowed by God, or nature, if you like. With these five senses he receives impressions. Light gives vibrations, the vibrations pulsate, the vibrations reflect, there exists something that creates the so-called image. The researchers of the truth will, of course, study this. He researches everything. If man did not

have the five senses, how could he perceive his environment, the world? Let us suppose that we had no sight, or let us take a blind man out into the country, how would he feel the sun and the light? As warmth, as nice warmth that dispels the cold; however, he could not see anything around him, no tree, no colour, absolutely nothing, because he does not have the gift of sight. Just because he does not have sight, does that mean, that nothing exists around him? Of course not. Things exist and he who sees is glad to see them.

I tell you, if man had senses beyond the five senses, if he had only one sense more, he would see everything around him quite differently than you can see with the five senses. Do you think that everybody sees the environment, through his five senses, in the same way? No.

Do you think that the animals in the animal kingdom, different in size as they are, can perceive our environment in the same way as you do, even if they had a conscious self-awareness as man has? Again no.

I tell you that the researchers of the truth can awaken other senses and see things, enjoy things, which you now cannot. These things exist, they are, only you cannot perceive them, because you do not have the means to receive these impressions. And if we had more and more senses? Then we could enjoy more, much more. Therefore, I tell you that the five senses give very few things, believe me, as impressions to the human being.

You will ask me now, can others, apart from us, acquire these abilities? I am talking about clairvoyance and clairaudience. And I tell you, yes, definitely, they can acquire these abilities and many other abilities. And you will wonder and say, why they and not we ourselves? I tell you, no one can succeed unless he has the wish and the inclination, the disposition to achieve it.

Once we begin to endow ourselves with new abilities, we shall see more truth around us. Now we have man in a gross material body with his five senses. He found himself here, born, growing up and being the product of time and space conditions – what else is the man of today, John, Costas, Maria, Helen? Five hundred years ago we may have had other names, other interests, other experiences, but again we were human beings with five senses. Other surroundings. We did not have blocks of flats, cars, helicopters, there was another world. Now, we have man as we have him today.

What is the truth around this man? What is this man as a material body? Let us see the truth around this man.

Orthodox science does research, we have chemistry, biology; the scientists know a lot about the gross material body, and they still have a great deal to learn, for instance regarding metabolism, the glands etc. All right, we have the man of today. Today man is a phenomenon of life, but we have many other phenomena of life around us. We have the crystals, the vegetable kingdom, the animal kingdom, we have life at the bottom of the sea. Looking around us within the gross material world, we can see myriads of living forms as phenomena of life.

What is now the difference between man and all the other forms of life?

When we look at all these living forms, we see that each kind of living form is endowed with its own way of perceiving and reacting to its own environment. I have said before that the living organisms do not all perceive their environment in the same way, nor do human beings. Their way of dealing with impressions to man's conscious self-awareness depends on their education and development, because time is a very important factor.

I see man now as a gross material body. Science is still astounded that they cannot explain the phenomenon of life. And I ask you now, what is life? Christ said, "I am the Way, and the Truth, and the Life." What is life? Is life a truth? Is life the truth? Maybe the phenomenon of life is the truth? No. The phenomenon of life is the relative truth. I said before that it is only what is perceptible. But now, what is life?

The fish is life, the eucalyptus tree is life, and the lemon tree is life; many things are life. Man, however, is different, very different. So, now we will study man from another side, apart from the gross material body and the faculties of the material body, i.e. the five senses. Every human being has five senses, the atomic scientist as well as the shoeshine boy in the streets. But I have said before that not all men interpret the impressions from the surroundings in the same way.

Now, I ask you, what is man? Is he the material body, the five senses, the hands and arms, the legs and feet, the body, the ability to move the material body here and there?

Now, we see man also from another point of view, as a personality self-awareness.

The truth is that all men, as material bodies, are similar, with small individual differences. One may be taller, the other smaller, but they are all human beings, we could say, they all have a human body, and as gross material bodies they all resemble each other. What about their

personalities? Are there two human beings in the whole world, who have exactly the same personality?

We can study the material body of one human being and we will know the material body of all human beings. Here is this organ, there is that organ. This is the function of this organ, and that is the function of that organ. Can we study the personality of man **IN GENERAL** by studying the personality of **ONE** person? Is the personality self-awareness of man the product of his material body? Logic says no. Because there could not be such great differences between the personality self-awareness of all the human beings, as there are today; after all, their material bodies are not so different.

What makes this difference? What is it that gives us the personality self-awareness, again the product of time and space? We will study this personality self-awareness. How was this personality self-awareness built?

Through the impressions and the reactions, which create in man certain conditions, certain states, desires, through which man's personality was built, that means George, Costas, Maria, Helen. We have man's personality self-awareness, another phenomenon of life, beyond the time and place material body.

We are making progress. Let us now look at man within society. Around you, you can see and study weaknesses, aggressiveness, good sense. And you will see a man who builds a character, who begins now to control his personality self-aware self, in order to have real control over it, with a more distant aim in view? He knows the truth concerning his self and concerning his situation within the worlds. What will he know? Let us assume that he is a mystic, and we call him mystic or researcher of the truth, or we give him any other name, he may belong to a serious school of studies, – what will this man profit, what is this man gaining? Let us compare him with a man who becomes enraged by the slightest provocation, whose behaviour at home and in society is stupid and unreasonable. That he had made big efforts to earn a university degree is irrelevant, because we see his behaviour; it may be the behaviour of a highly educated person or the behaviour of an uneducated man. Therefore, education, hard work and studying at school and university does not bestow character on anyone. But he who finds his way, sees now a new situation. Christ spoke about a certain way. "I am the way," about which way, about which truth, and about which life did he speak? "I am the Way, the Truth, and the Life." And when he said "I", he meant each one of us, every human being.

Now, what is the truth about man? Is man an animal like all the other animals, and worse than the other animals, since men fight and kill each other daily? Whether they are called Europeans, Americans, Africans, Asians? Whether they are called underdeveloped or highly civilized? You see now what has happened?

What are **WE** as human beings? What is the truth about us, about man? And how can man approach this great Truth that we call life? Not the phenomenon of life. The phenomena of life we see around us as something perceptible. We penetrate into the Causes – Laws and we find real life. Some mystery schools speak about a certain Cosmic consciousness. Religion speaks to us about the Holy Spirit, about the descent of the Holy Spirit, which most people consider to be a fairy tale. For them reality is paper money, stones in the form of buildings, shining metal or stones again. Here we have the great illusion.

We spoke about life. Life is Truth, is life a truth? What is life? Have you once seriously thought about life, what life could be? Because when you know what life is, you will have to begin to respect that thing called life. Not only because you **ARE** Life and you are living, but also because behind the phenomenon of life **IS LIFE**.

What is Life, not as a phenomenon, but as Cause?

Now we can see the truth as far as life is concerned. What is the main characteristic of life?

The researcher of the truth penetrates the Causes in order to find this Life, and to know what it is. What do you think Life is? Can we connect Life with the Total Love? Not what you think of as love. That is most of the time nothing more than enchantment and illusion, expression of sexual rushes. This is not Love, it is passion. Can we join Life with Total Love? Again what is Total Love?

We take now the phenomena of life within the world here. We see a little bird and we study it. We take it in the hand and we feel its heart beating, pulsating; have you ever done this? A small little animal. Take it in your arms, hold it, caress it, cuddle it, listen to his heart beating. This beating of its heart, what do you think it is? The life, the love. Whose love? Total love, everywhere. Look around you and see what happens in the animal kingdom, in the vegetable kingdom. The researcher of the truth pays attention to everything. He studies all, he searches all and kneels before Total Wisdom within the Universes. He sees the Truth, the Life, the Total Love. It is possible that the word "God" disturbs you. I do not mention it, because the word God di-

minishes Absolute Beingness, which we cannot grasp with our earthen brain.

And where is the Truth? The Truth is within you. It is everywhere around you. It is within you, because the much beloved Joshua said very correctly, “the kingdom of the heavens is within you.”

Discover it. The researcher of the truth makes an effort to find it. Many have found it and are ready to help you so that you will find it too.