

*Light, Physical World, Psychical World, Noetical World,
God, Idea of Man, Exosomatosis*

God is not what man calls God. Using the word God, man minimizes Absolute Beingness and puts It to his own measure. Man has created many gods. The ancient Greeks called them demigods and so did the Egyptians. They were simply creating elementals.

What are elementals? Within the universes there is Mind. Mind is not God, it is the means through which God, the Absolute Beingness expresses Itself either as Christ Logos or as Holy Spirit. Absolute Beingness expresses Itself in many more ways, but we human beings can understand only these two. How Archangels understand the expression of God, we cannot know. We only know two qualities of God, the Logoic and the Holy Spiritual. We believe in one God – the Father, the Son and the Holy Spirit.

Now what is God and what is not God? God is Absolute Beingness. Don't even think that you are able to comprehend It, it is not possible. When you try to perceive the light by looking at the sun with your material eyes, you will be blinded. This is the same as trying to perceive God using your material brain. Yet we can observe His expressions and through His expressions we can know what God is, up to a certain point.

I will give you an example. The light is not visible. The vibrations which we call light are not visible. But its rays have the capacity to hit a surface, to illuminate it and to be reflected presenting an image to the human eyes. Yet the light itself is not visible. If you look up at the sky you will see many stars. Many of these stars are radiating their own light, others reflect light. We definitely cannot see the light. To perceive the light in space it must hit a so-called heavenly body and reflect the light. Now you can see that star, you can see the light. Before the light, which is radiated from a sun, reaches that star, it is not visible. But as soon as it strikes the surface of the star it becomes visible. In the same way God is elusive within the Infinite, within the universes until it

reaches a materially existing human being so as to be expressed in that man as intellect and self-awareness.

Now, what is self-awareness and what is intellect? Can we, for example, say that the light after being reflected from a material object, is the real, original light? Is the quality of the light, are the vibrations which are striking the object, the same as those which come back to us, after having struck the material object? Of course not.

So, light, which is invisible, strikes a surface, is then reflected from that surface, and returns back, invisible again, until it reaches the human eye. Then the point of the material object that has been hit by the reflected light, is visible. In this way it reaches our intellect and so we know that it is light.

Likewise, when God, Absolute Beingness in Its Plurality, radiates from Its Absolute Source (the divine holy Monad), to express Itself within the Universes, It is elusive and invisible, at least to the material brain.

When we go to the higher noetic world, we can conceive more. Not through the intellect and thought but through assimilation and ecstasy. The Absolute Beingness radiates within the universes elusive Spirit: the Spirit “blows its breath” according to its will. When the Spirit hits on light it meets with the Idea of man. What does it mean “it meets with”? It means, that it is in the divine Plan, that within the universes there exists a point, the Idea of Man. In this case the light represents for us the Idea of Man. From this point, this ray of Spirit proceeds to become man, a material human being. Still invisible and elusive.

Tell me, how many of us, as self-awareness, know their selves as Soul-Self-awareness, before they have reached that point? Does the average person know what Soul is? What God is? What is God, our real Self? The Soul-Self-awareness descends and dresses itself with matter, psychical matter, noetical matter, noetic substance and Supersubstance. All these dresses are matter.

Now, what is matter? We cannot deny knowing what matter is. How about scientifically? Scientifically matter does not exist. It is known to be condensed energy. But I cannot deny that this chair and this table and this human being do exist. I can touch them, I know them, they consists of material, liquid or gaseous states.

In order to perceive what matter is, we have to use something which vibrates at the same frequency of vibration, otherwise we cannot perceive it. This goes for our material hand, our eyes, our brain, our five senses. We touch this table and we know it exists. Let us say, this table

vibrates in the range from one to ten and our material hand vibrates in the range from one to ten, too. So our material hand will perceive it as something solid, because hand and table co-vibrate in the same range of frequencies. But if our hand did not vibrate in the same range of vibration, like our etheric hand, which we can use and feel by means of aesthetic and kinetic ether, it would pass through the table. The table will not be an obstacle for our etheric hand, which vibrates, say, in the range from ten to twenty. And the same is true for our psychical hand.

We perceive the material world around us the way we do, because of the five senses. The five senses in a material body vibrate in the same range of vibrations as the gross material world. But we do not have a material body only. We have other bodies, the so-called psychical body, the noetical body and the noetic body.

Now the average person, who has as a centre of his self-aware self only the five senses, his material body, sex, his stomach and his material brain, has a limited perception of things around him and cannot perceive vibrations beyond the range of one to ten, which corresponds to gross matter only. But if we transfer the self-awareness and consciousness to the range from ten to twenty, then we will see that the vibrations which we will perceive, will be from another world, very different from the material world. We call it the psychical world.

Now, what are the psychical worlds? Do mountains and houses exist there? Yes, everything exists there. But we are not able to perceive it, because we are not vibrating at the same range of vibrations as those worlds. When we transfer our self-awareness and consciousness to these frequencies of vibration, the real world for us will be the psychical world and not the material world. The material world will disappear for us.

In the lower vibration range from one to ten we perceive the material world. In the next range from ten to twenty we perceive the psychical world. What is the relation between the psychical world and the material world? In the material world we can only perceive a few thousand square-miles of the planet's surface, nothing else. The remaining two thirds of the surface are water. What can we perceive with our material body? Very little. Lakes, mountains, cities, clouds, physical conditions. Some of it created by man, some not.

The psychical world is much bigger. It has seven planes and each plane has seven subplanes, together forty-nine. You may ask how big they are. The whole material world is like a spot in one of the subplanes of the psychical world. Are these worlds inhabited? Definitely, yes, with

entities, intelligences higher than human beings. The material plane with its low frequencies of vibration dulls man's mind.

Next we have the noetical worlds, which also have seven planes divided in seven subplanes, together forty-nine. These worlds are still bigger, richer and brighter.

As we said already, if the light does not strike on a point it cannot be perceived. So, if we as self-awareness do not reach the noetic light, the noetical light, and the psychical light then nothing psychical can be known to us.

Man is a Self-awareness. This so-called self-aware existence within the gross material body of, let us say, George is very limited and can only perceive vibrations of the three-dimensional world.

What is the three-dimensional world? It is the world which gives us the solid, the density, the weight and the width. It is the law of the three-dimensional world that no two objects of the same density or frequency can occupy the same space. This is the law of the gross material world.

The laws of the planes and subplanes of the psychical and the noetical worlds are very different. Thousands of objects can occupy the same space without upsetting each other. It is a matter of coordination and of vibration and nothing else. We can see something similar in the material world. In this room for example exist the signals of all the broadcasting stations, but can we hear them? No. If we had a radio receiver tuned to one of the frequencies of the different broadcasting stations, we would hear music. So something that was not existing for us up to that moment becomes a reality through coordination. So even in the material world we have to understand that space is not something that upsets objects or things contained in it, when they are beyond the three dimensions, for example etheric vibrations of the radio and TV signals.

Through scientific research we can understand many things. The so-called real which is given to us through the five senses is only a small part of the reality.

Someone may ask where are the worlds and environments of the psychical planes and subplanes. They are all here, the hells and the paradises. It is a matter of coordination and nothing else. So the fourth dimension is free from the influence of space. Einstein began to talk of this, but stopped. We boldly proceed and say that space in the four dimensional world does not have the same meaning that it has in the material world. The various experiments with telepathy prove that space does not correspond to the meaning that is normally attributed to it.

Researchers of the truth study what is the light on the material plane, how it travels, how it influences us and what it is doing.

Let us look at the material light. We have said that it strikes on a surface, is reflected and returns to our eyes carrying some form or image. This image leaves a stimulus in the dark part of the material brain and "I", a mysterious entity (we shall study and research this entity later) interprets those vibrations.

And in this way we say that we see a tree. Let us assume we are standing at a great distance from that tree. Can we from this position see the tree and the birds on it? – No. Why? – The light rays as they are travelling back to us come so close to each other that the image of the surface, they were reflected by, deteriorates.

If we get, say, seven times closer to that tree than before, we can see the birds. Even if we do not move from where we are, but use a telescope, what does this mean? It means that the telescope opens up the vibrations (spreads the rays of light, magnifying the image). With a telescope the light presents itself to us the same way as if our physical position was seven times closer. So we can see everything. If I ask you now: "Can you see the birds", you will answer: "Yes". Did you come nearer to see them? You will say: "No, yet I can see them". If I had not given you the telescope, would you be able to see the birds? Would you even know of their existence? – Of course not.

Studying material light we will receive and see the impressions it presents to us, and we will analyze the impressions. When we study the light very carefully, we will discover that it has powers which we can make our own. How can we make them our own, unless we study the light? We must know that we do not become masters of anything unless we study it.

Now, the concept of space is different in the psychological world. If we do not transfer our self-awareness into the so-called psychological body performing the so-called exosomatosis to visit the psychological world, how will we come to know what the psychological world is?

In the same way that we see the material world, we can also see the psychological world. Just as there are laws governing the material world, there are laws for the psychological and noetical worlds. Those worlds are not uncontrolled, they are under the divine Total Wisdom and Total Power, since there exist immovable laws.

Now we begin to enter into the concept of God. The God we perceive with our intellect is different from the God many people believe in; an old man with a white beard judging and punishing us.

As I have already said, man has, in time and space, created many gods – elementals, thought-projections of man. Such thought-projections of many men concentrated on the same point do create a power.

What is the purpose of the research of the truth for us? To pass the time? – No. We have to study to know about the worlds, the different dimensions and all the universes. Christ said: “Be ye therefore perfect, even as your Father which is in heaven is perfect.” This is a strong persuasion, not to say a command. And Christ also said: “God is Spirit: and they that worship him must worship him in spirit and in truth.” God is Spirit and those who know Him must approach Him in Spirit and Truth. To worship means – to move towards.

We will not see God on a piece of wood. Of course we can impregnate an icon or an idol with magnetism, we have studied this, but all this serves man. In reality God is Spirit and only in Spirit and Truth can we approach him.

Now, what is God not? God is not what men believe He is, an idol, an icon or an elemental that performs phenomena. Of course phenomena can happen. But what are they? They are the result of dedication and concentration of many persons on a form, on a thought and this idea gets existence. But this happens automatically and these persons do not know how it happens, how they achieved it and how it may serve them. The elementals can be evil, destructive, or good and beneficial, but they are **NOT GOD**.

Can we say that man has created gods? Don't tell me that it is God who created them because this would minimize the concept of the Absolute Beingness. God did not create us, we are not a creation. We are Him. We are his extension and He created George and Mary, the personality, the material, psychical and noetical bodies.

Now George or Mary move within the material body. After some hours the material body feels tired and it falls asleep, most of the time without dreams. Dreams do not exist. While dreaming they have simply entered the psychical worlds without noticing it. And because they are not able to sort things out, they are getting upset with it all, thinking that these worlds are not real.

Now George and Mary. They are entities receiving impressions, most of the time subconsciously. But even the conscious impressions, how many do they not perceive through their five senses? So when we practise our exercises, we will see, that we will be able to perceive more and more impressions and experiences.

We can see now that we are living mechanically in a material world. We are getting one tenth of the impressions of this world and yet we say

that we live. Christ called us “dead”. “Let the dead bury their own dead.” Life means intense perception, knowledge of the reality.

Of course we cannot demand from the researchers of the truth to expand their consciousness or to make exosomatosis and to live consciously in the psychical world, since they do not even live consciously in the material world. They live exactly in the same poor way as all other people in the material world.

For example, if you come for a walk with me now you will pass many people, shops, trees, etc. and you will see many forms, images; images which through the light will reach your optic field giving a stimulus to your material brain. At the end of our walk I will ask you what you have seen. Do you think that you will be able to describe even one hundredth of the impressions that you received. You will mention some of the things, which attracted your attention. But you saw much more, you received thousands of vibrations, which are all imprinted in your sub-consciousness. Everything you see, even subconsciously, is imprinted in your subconsciousness.

What are the means to imprint something? Let us take one step further. The material light includes both, the psychical and the noetical light. Imprinting on the consciousness is not accomplished by the material light, but by the psychical and the noetical light, which leave images in the consciousness.

Do you know that your personality is nothing else than the total of your experiences and your impressions. But you are not only all of that, you are also something else. You are the one who interprets or misinterprets, the one who knows but is intoxicated and enchanted by all this at present.

But one day, when you acknowledge your experiences and impressions you will master and manage them yourself. Reaching Self-realization is the purpose of the researchers of the truth, which means they try to find their real inner Self.

Just as God is shapeless, amorphous, and has never been born and will never die, so are you. You are looking now at substance, at gross matter, at that threefold mirror called matter, psychical matter (emotion), noetical matter (thought) and matter-form. They are three surfaces of the same mirror. Just imagine how distorted they render your form.

We said shapeless. Shapeless within the concept of form. The Idea of Man is not formless. Without a body, yes, but formless, no. Because the concept of form exists. It is the law and cause of shapes.

Now let us proceed with God. What is God now? Law, Cause, Total Wisdom which is expressed as intellect in man through the qualities of Mind. When we say Mind we do not mean the material brain. The material brain is machinery. Mind is the Supersubstance, substance, super-matter and matter through which self-aware or not self-aware consciousness creates the universes.

Look at the material universe, there is order everywhere. If we plant a eucalyptus seed, it will not grow up as an orange tree. Or if we take seeds from one country and plant them in another, they will not change their kind. A small seed that we perhaps cannot see with the naked eye contains in it all the laws, the Total Wisdom and Total Power.

Let us look at the spermatozoon. That spermatozoon, when it finds the proper conditions according to its circle of possibilities and probabilities, will create a remarkable material body. It gathers a psychical and noetical body and gives us the personality self-awareness of man.

I am not saying that it is we who create. He who takes the spermatozoon in order to express a time and place entity, is eternal. He is above the concept of time and space. He is a God. Christ said, "I say to you, that you are Gods and Sons of the Almighty."

We shall discover this when we practise exosomatosis. Now we receive it as thought, as a logical explanation. But to understand who we are in reality, we must during exosomatosis go out of our material body, to find ourselves in the psychical body, gaining the powers of our psychical body which are unlimited in comparison to those of our material body.

When we are leaving our psychical body, then we will find ourselves in our noetical body. When we go out of our noetical body, then we will find ourselves in the noetic world, which scientists call Super-light. We call it the inextinguishable light. Entering there we will see who we are in the mirror that we call noetic Supersubstance. There we will not see George or Mary. Pay attention to this point. You will not see George or Mary as matter, but as the form, the vibration, the tone, which has been characterizing George or Mary during the centuries. He, who knows them in the Super-noetic world, will recognize them. As George or Mary? If one knew them as George or Mary, then he can identify them. If he did not know them but is developed enough, then he can still get, in an instant, the whole life of George or Mary from their Self-awareness. Only this incarnation? No, he can see, at the same time, all the previous incarnations they had.

So, we as "I am I", as the one who knows, who interprets and misinterprets, and who classifies, we are shapeless, immortal, and eternal.

I will repeat, what Christ said. "I say to you, Ye are Gods and Sons of the Almighty", but as man you pass over. This means, you change the conditions. As St. Paul said, "Every day I die, but I am still living."

Where are the eight-year-old George and Mary now? George has become a man and Mary a woman. Not even a single molecule or atom stayed the same in their bodies, but George and Mary still exist. They will have a different form, a different way of perception and expression. As there does not exist even an atom of the eight-year-old boy or girl in the body of George or Mary, after thirty years, there will not exist any atom in their bodies which is existing now at this moment.

As Self-awareness, as a centre of consciousness, receiving impressions, George or Mary remain the same. No matter whether they spread within the universes, or perceive within all the universes or enter into an atom and receive impressions there, they are complete. They neither become smaller or bigger as a Self-awareness.

We talked a lot now. We have to sit down, think consciously about this and come to conclusions. Through meditation we have to enter into the meaning of God, our real Self, into what we are and what we are not, into what is God and what is not God.

What will be the result? By making use of the Mind as right thinking, by means of concentration and contemplation, we may claim more powers. One day, we will reach a point, where we no longer depend on knowledge which we receive from our environment, from an outside world. We will gain new powers. These are the power of concentration, coordination, attunement and at-one-ment. Only with a simple concentration on something, let us say a flower, we will become the flower and while we close and open our eyes we can know everything concerning the flower. In this way we will learn many things about anything in an instant which otherwise would require years of study. We will not talk about the power of ecstasy, this is even higher.

An easy explanation of God, which we must study, is love. We have plenty within us and we express it. Even though we express it in a strange way, it is love. God is Love. When we interpret what is love in all its levels, this is another path which will lead us into the Truth. The Truth and the Light are not only reached by one path. All the paths are one road.